



Cambridge Self-Help Food Bank

Most Needed Items

Our Most Needed Items:

Canned fish & meat

Pasta sauce

Canned tomatoes

Brown beans in sauce

Canned fruit and vegetables

Rice

Cereal

Peanut butter or other

sandwich spreads

Individual packets of oatmeal

Jarred baby food

Nut free snacks for school lunches

We love to receive fresh food donations! Fresh fruit and vegetables can be brought to our 54 Ainslie Street South Location.

Visit our website for more ways to get involved at the Food Bank including volunteer opportunities and tips to run your own food drive!



#FeedingCommunity

cambridgefoodbank.org