



Cambridge Food Bank

**Building Health & Belonging Through
Food, Education & Advocacy**

2024-2025 SCHOOL YEAR PARTNERSHIP



Schools are crucial in raising empathetic people regarding issues such as food insecurity, nutrition, activism, and community.

Every school in Cambridge and North Dumfries currently has families accessing our food bank.

Join our efforts to increase food literacy skills and community involvement.

519-622-6550 ext 109

Cambridgefoodbank.org

@CambFoodBank
info@cambridgefoodbank.org





Mission

Building health and
belonging through food.

Vision

A compassionate, equitable
community, where everyone
is nourished.



We are passionate about...

Healthy People

Connected Community

Environmental Sustainability



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How Can we Connect?

Let us bring our engaging and interactive customizable workshops, info sessions, assemblies, activities, and events to your school at no cost. Some examples are:



Outdoor Gardening

We not only teach, we can bring some supplies too!

Junior Ambassadors

Youth 10-16 engage community and build leadership skills



Host the Best Food Drive

Our community needs food year round. Let us help your school become the leaders in food drives!

Dance

Certified dance instructor to run dance/gym component. Sessions run 3-6 sessions.

Food/Nutrition

See how much your students know about food/nutrition with fun, games and activities



Indoor Gardening

Simple indoor gardening activities. We bring the supplies.



Cooking



FOOD SAFETY

Kitchen Safety

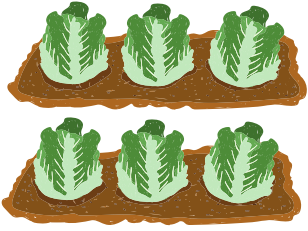
Basics about cooking in the kitchen such as knife, stove and oven safety.

Cooking/kitchen programs run for 6 sessions. Once a week for 6 weeks.

About Us

More than just a food bank!

Gardens



- Community Spaces
- Garden volunteers
- Pounds of food grown locally 17,540
- Grow a row, give a row

Food Rescue



- Preserved in soups, jellies, jams and frozen
- Baked in cookies and muffins
- Shared with Farmers to feed live stock
- Worm composting for our gardening

Mobile Food Market



Scan for weekly basket, hours and locations

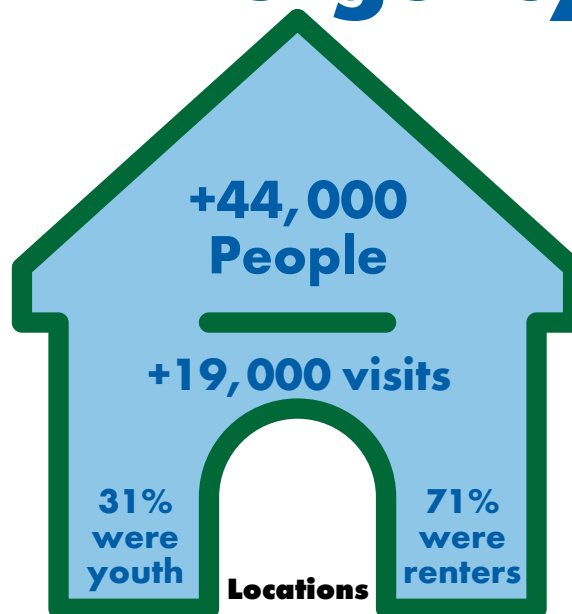


of baskets sold 20,267

12 locations
Offering fresh, affordable produce.

ASK US ABOUT
OUR MFM
VOUCHERS

Emergency



- Cambridge Food Bank (Main)
- St. Andrew's Hesper Presbyterian Church
- St John's Anglican Church



Wellness Hub Programs

- Children & Youth
- Grandparent & Kin
- Adult & Senior

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Student Placements

18



Together



The Cambridge Food Bank would like to become a resource to your staff, students, and school community.

Community helps connect students & families to personal needs.

We can help your school grow a garden in the ground, in class, or on the ground and provide you with the supplies!

We can help some of your students or their families by providing food!

We can become a part of your student leadership team and help them organize food drives!

Invite us to host an activity and info table at your next event.

We're looking to help fill the needs of your school and students.

Please contact us for further information.

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MORE THAN A FOOD BANK



Thank You!

Together we can build a future where everyone has access to nutritious food, opportunities for exercise and wellness, and the knowledge and tools to make positive changes in their communities.

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