

Kinship Support Program



FAQ's

What is Kinship?

Kinship is when family members or those considered family take care of and support children.

What is the Kinship Support Program?

This program builds connections, provides peer to peer support, shared lived experiences and offers resources. It also offers relationship building within the children and youth. This is an opportunity to know you are not alone.

What are some of the topics that get covered?

Current needs such as stress, trauma, fears, addictions, supports, mental health, regulation, independence, etc.

PROGRAM DETAILS

- Share a meal ✓
- Adult Support Session ✓
- Children & Youth Fun ✓
- Counselling ✓
- Special Guests ✓

In partnership with



For more information, contact Vanessa at 519-622-6550 ext 109 or vtoncic@cambridgefoodbank.org.